



## Membership Meeting



The next Membership Meeting will be Wednesday, October 7<sup>th</sup> beginning at 10:00. In addition to our regular Committee, Chairmen, & Board reports, our program will feature the Brevard County Sheriff's office who will share their Project Life Saver and Scent Kits, which help individuals who are living with Alzheimer's, dementia, or autism who may wander.

See the flyer for more information!

## GFWC Florida Board of Directors Meeting

What a great weekend! Six of our members enjoyed inspiring workshops, great meals and speakers, new friendships, and time with old friends at the GFWC Florida Board of Directors Meeting.

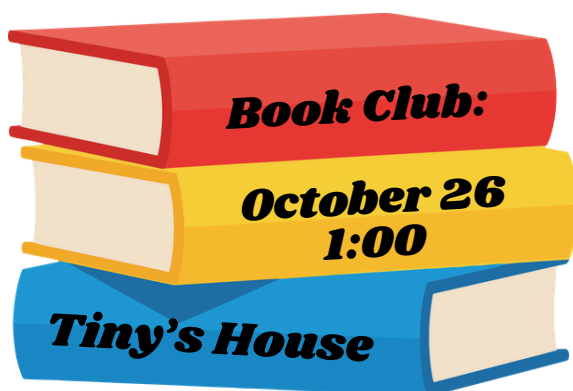
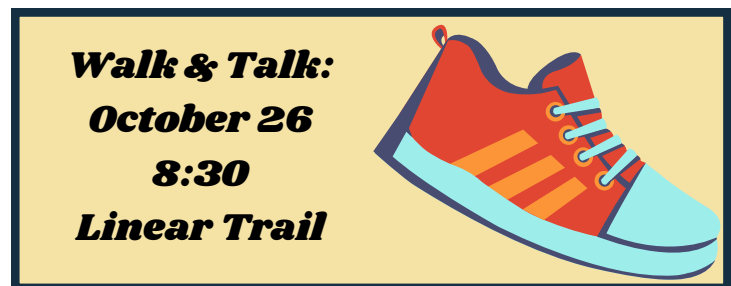
We enjoyed dinner at Jack's Place, celebrated our LEADS graduate Diane at Saturday's lunch and joined

Florida's Night of Service to pack beauty bags for domestic violence survivors. Saturday night brought a fun fashion show and plenty of laughs! Check out the photos on [page 3!](#)

We hope you'll join us for **GFWC Florida Convention, April 30-May 2, 2027, in Orlando!**

# Calendar

| 10 OCTOBER 2026                              |                                                                              |     |                                                                                   |                                                               |     |                                                         |
|----------------------------------------------|------------------------------------------------------------------------------|-----|-----------------------------------------------------------------------------------|---------------------------------------------------------------|-----|---------------------------------------------------------|
| SUN                                          | MON                                                                          | TUE | WED                                                                               | THU                                                           | FRI | SAT                                                     |
|                                              |                                                                              |     |                                                                                   | 1<br>12:00 Packing @<br>The Children's<br>Hunger Project      | 2   | 3                                                       |
| 4                                            | 5                                                                            | 6   | 7<br>10:00 Membership<br>Meeting                                                  | 8                                                             | 9   | 10<br>10:00 District 6<br>Annual<br>District<br>Meeting |
| 11                                           | 12                                                                           | 13  | 14<br>10:00 CSP Meeting<br>@ Sally's House<br>1:00 Orientation @<br>Sally's House | 15<br>1:00 Craft Day @<br>Viera E.<br>Resident's<br>Clubhouse | 16  | 17<br>1:00 Orientation @<br>Sally's House               |
| 18                                           | 19                                                                           | 20  | 21<br>10:00 Board Meeting                                                         | 22                                                            | 23  | 24                                                      |
| 25<br>GFWC<br>ADVOCATES FOR<br>CHILDREN WEEK | 26<br>8:30 Walk & Talk @<br>Linear Trail<br>1:00 Book Club @<br>Tiny's House | 27  | 28<br>12:00 Lunch Bunch<br>@ TBD                                                  | 29<br>5:30 Science Fair<br>Night @<br>Endeavour               | 30  | 31                                                      |



# Volunteers In Action

## GFWC Fall Board Fun!



GFWC Space Coast Woman's Club members with our traditional "staircase" photo!



The LEADS reception Thursday evening was a new "kick-off" event!

Diane, our LEADS graduate!



All dressed up for Black & White Night!



So many informative and fun workshops!

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# Volunteers In Action

## A Visit from Ronald!

At our September Membership Meeting, we welcomed a special guest Ronald, a local Canine Companions puppy! His puppy raiser, Rebecca Weede, President of GFWC Melbourne Woman's Club, shared about her volunteer work and this GFWC Affiliate Organization.



We learned how to interact with dogs in training and after he was done “working” we got to enjoy a few pets!



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## President's Message



President  
JoAnne Post  
jpost314@aol.com

Dear members,

In the blink of an eye, September is gone!

A few of us recently attended the GFWC Florida Board of Directors Meeting. For me, it is always a wonderful learning experience—a weekend filled with opportunities to see old friends, make new ones, and be reminded of how our hearts can continue to grow in service to our community.

As we continue putting our “Hearts in Action,” I am reminded that sometimes the smallest acts of kindness can make the biggest difference. This month, our hearts are giving back to the children at Serene Harbor as we fill Halloween bags with goodies to bring a little extra joy and fun to their Halloween.

It is through projects like this that we show what our club is all about—caring, serving, and making a difference in the lives of others. Thank you to all of our members for continuing to give your time, your talents, and your hearts. Together, we truly make a difference!

Together, our Hearts Are Giving Back!

*~JoAnne*

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## 1st Vice-President's Message



**1st Vice-President**  
**Suzanne Bennitt**  
swbennitt@aol.com

October is here and hopefully Mother Nature will start to bring us some cooler weather and keep the hurricanes away! Our club has plenty brewing in the next few months. Don't miss out on the laughter and the joy of giving back to our community together. As always, please remember to submit your hours online or to me, and if anyone is having difficulty with the online tool, please reach out and I will assist you.

*Suzanne*

## Fundraising



**2nd Vice-President**  
**Diane Angus**  
diane.angus1@gmail.com

It's time to get busy!! Please look for the sign-up sheets for the November 7th Satellite Beach Founders Day and Heritage Isle Craft Shows. We need volunteers for setup, working the tables, and breakdown to make these events a success!

We'll also be collecting handmade crafts for sale the last week of October and first week of November. Inventory sheets are available.

At our October membership meeting, we'll seek approval for a new Super Bowl Squares fundraiser supporting the Women's Center, to be held in February.

And as always, keep using RaiseRight for gift cards and shopping cards, and don't forget to turn in your piggy bank money!

*Diane*

TURN SHOPPING INTO EARNING



EARN  
\$1,000+  
per year

# Experience the right way to fundraise

Gift card fundraising is the best way to raise money. Buy gift cards from your favorite brands to earn on your daily purchases. It's never been easier to create opportunities for what matters most to you. No extra money spent. No extra time wasted.

## How it works



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You get the full value.



### The brand gives back

No extra money comes  
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### Your organization earns

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## Shop 750+ popular brands

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Jen H., earns for hockey

Get started by downloading the [RaiseRight™ app](#) on your phone or go to [RaiseRight.com](#) on your computer.

For step-by-step instructions, visit [RaiseRight.com/m/StartEarning](#).



To join our club's fundraising efforts, please use this link: <https://bit.ly/4eJOKSJ>

If you have any questions or need assistance, please contact us:

[gfwcspacoast@gmail.com](mailto:gfwcspacoast@gmail.com)

Be sure to use our club code: SF65D7DEF8S4



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# Membership



Chairman  
Sally Kramer  
ckramer34@cfl.rr.com

## Membership Update

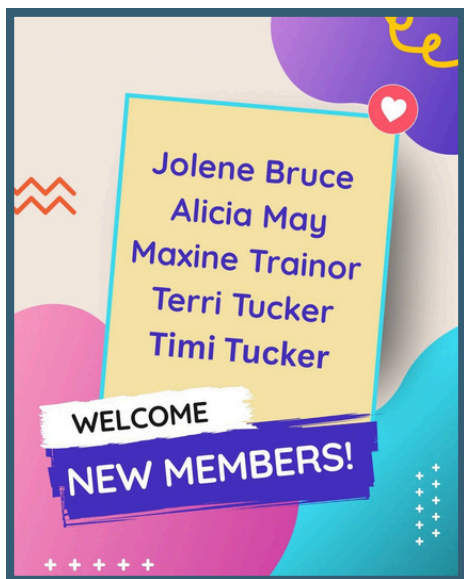
Please join us in welcoming five new members! They're just one orientation away from receiving their membership pin and becoming official full members of our club.

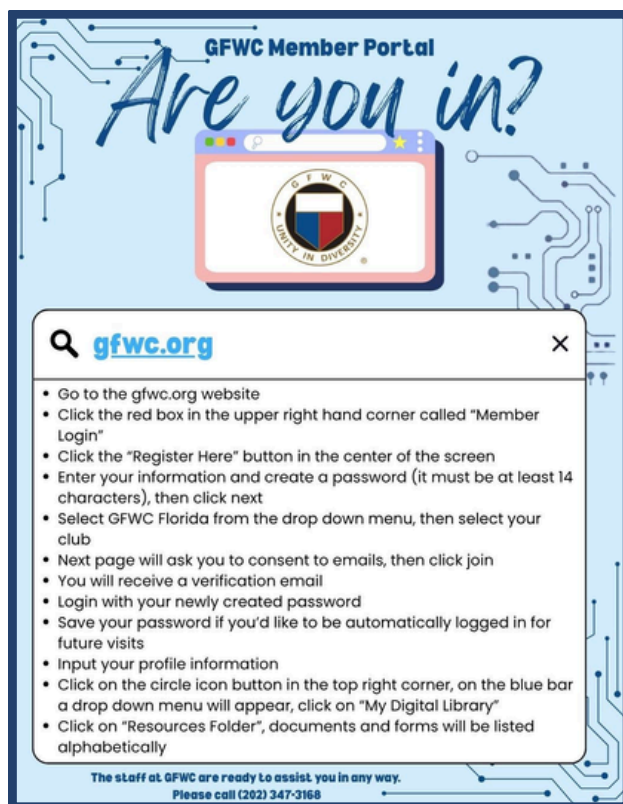
When you see them at a meeting or volunteering, introduce yourself, say hello, and take a moment to get to know them. Let's make sure they feel welcomed, connected, and excited to be part of our club!

The next orientations will be on Wednesday, October 14, 2026 at 1:00 and Saturday, October 17, 2026 at 10:00, both at Sally's house.

## Lunch Bunch

The next Lunch bunch will be Wednesday, October 28, 2026, at Noon, location to be determined. It would be fun to go to a restaurant that serves German food but I'm not having much luck finding one nearby. ANY IDEAS???? Please let Sally know by October 12th so I can get the word out.





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# Art & Culture CSP



Chairman  
**Gussie Reichel**  
[Dreichel@cfl.rr.com](mailto:Dreichel@cfl.rr.com)

## HEARTS THAT GIVE BACK

### Volunteer Opportunity:

Help brighten the day of a caregiver and their loved one! Volunteers are needed for a free monthly painting class at the Health First Center for Family Caregivers.

No painting experience needed! Help set up supplies, encourage and assist participants, and clean up afterward.

Date: Thursday, October 29, 2026

Class time: 1:30–3:30 PM

Health First Center for Family Caregivers

3661 S. Babcock St., Melbourne

### READY TO HELP?

Call or text J. Bryant

321-426-6485

[jbryant5@cfl.rr.com](mailto:jbryant5@cfl.rr.com)

## CRAFT DAY

**THURSDAY, OCTOBER 15**

**1:00–3:00 PM**

### Viera East Resident's Clubhouse

We're having our second crafting afternoon, and the first one went great! Thanks to so many of our creative members, we already have lots of wonderful crafts ready for our **two craft shows in November!**

Whether you're great at gluing corks, painting reindeer faces, or just lending a helping hand, we'd love to have you join us! **All skill levels are welcome!**

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## Environment CSP



Chairman  
Linda Greenstein  
lhgreenstein@gmail.com

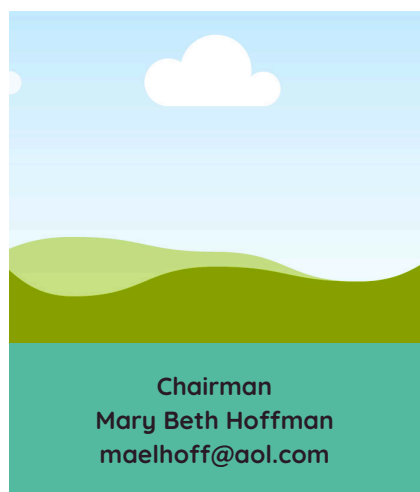
Happy October! This month has ALWAYS been my favorite time of the year. There is so much happening in October. Cooler temperatures marks the tail end of the rainy season. The deciduous trees like Oak and Maple shed their beautiful leaves. Sparrows, late warblers and waterfowl begin their fall migration. Squirrels are very active gathering and storing nuts for the winter. Monarch butterflies travel 3,000 miles to complete their migration to Mexico. Baby turtles are hatching on the beaches and the Black Bears are foraging frequently before hibernation. It is time to get out and enjoy this month.

The Brevard County Environmentally Endangered Lands Program (EEL Program) has a mission “to protect and preserve biological diversity through responsible stewardship of Brevard County’s natural resources. The EEL Program has preserved over 28,000 acres, including 21 habitats which are home to over 130 threatened and endangered species.” There are 19 Nature Sanctuaries in Brevard County and four are universally accessible – Malabar Scrub Sanctuary, Enchanted Forest Sanctuary, Sam’s House at Pine Island and Barrier Island Sanctuary.

Our **October Environment Challenge** is to visit one of the four Sanctuaries, take a nature picture and bring it to the November meeting. Can’t wait to see what you saw!

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## Education & Libraries CSP



The new school year is underway at Endeavour Elementary; our club's adopted school! Our three volunteers, June, Linda, and Mary Beth have returned for another year as well. Volunteers must be registered and fingerprinted, so if you would like more information on that process, please send me an email.

Three boxes of books and one box of shoes were delivered from our club. When you are out shopping if you come across any reasonably priced children's books or shoes, please consider purchasing and donating to the school.

On **October 29**, we will participate in a science experiment fair at Endeavor Elemenatary from 5:30 – 7:00pm. Volunteers and supplies are needed. There will be a sign up sheet at our October membership meeting.

Our **Little Free Library** received some new materials this month. If you have any books you would like to donate, please bring them to our October meeting.

**Book Club** will meet on Monday, October 26<sup>th</sup> beginning at 1:00pm, at Tiny Butler's home. The book to be discussed is **The Little Old Lady who Broke all the Rules**, by Catharina Ingelman-Sundberg. The book is fun, a light read and will lead to an interesting discussion! If you would like to join the discussion, please contact Jackie Insalaco ([Jackinsalaco@gmail.com](mailto:Jackinsalaco@gmail.com))

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## Quilts for Endeavour Elementary

**Chairman: Sally Kramer**

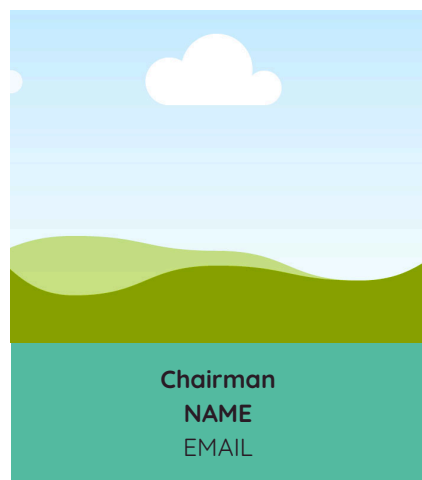
We wrapped up this year's quilt project with seven quilts completed! A big **THANK YOU** to everyone who helped—it truly takes a village to keep kids warm and ready to learn.



We'll take a break for the holidays and resume quilting in March to use up our remaining fabric and batting. In the meantime, we'll see what new project inspires us!

Have a gently used blanket in good condition to donate? Bring it to the October meeting or drop it off at my house, and I'll deliver it to the school along with the quilts.

## GFWC Signature Program: Domestic & Sexual Violence Awareness & Prevention



### 2026 GFWC International Day of Service: Help End Domestic and Sexual Violence

Our Day of Service was a huge success! Thank you to our wonderful partners—Viera Company, Brevard County Sheriff's Office, Serene Harbor, and The Women's Center—and a special shout-out to The Lookn Back Band for keeping us dancing!

Most of all, thank you to our amazing club volunteers for making the day possible!

If you or someone you know needs help, contact the **National Domestic Violence Hotline:**

**Phone: 800.799.7233 Text: START to 88788 or visit <https://thehotline.org>**

To report human trafficking, please contact the **National Human Trafficking Hotline at 888.373.7888**

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# Health & Wellness CSP



Chairman  
Katy Lysell  
[klc0824@fastmail.com](mailto:klc0824@fastmail.com)

## HEALTH TIP FOR OCTOBER

Walk your way to better sleep, strength, mood, and more incredible wellness payoffs. Walking just 30 minutes a day has great health payoffs. So, get your steps in!

## WALK & TALK/CHARITY MILES

Walk and Talk has been a great way to support our favorite charities while getting ourselves in motion and catching up with friends.

### October's Walk and Talk details:

Charity Miles team: GFWC Space Coast – COMETS. If you haven't downloaded the app yet, please do so and start walking!

**October Charity:** Serene Harbor, Inc., in support of Domestic Violence Awareness

**October Walk and Talk:** Monday October 26

Time: 8:30 am

Place: Linear Park Trail by the Brevard Zoo

RSVP to Katy Lysell: [klc0824@fastmail.com](mailto:klc0824@fastmail.com) or 808-561-1335

## Healthy Snack Recipe

### Chocolate Peanut Butter Pistachio Honey Rice Cake Treats

4 Rice Cakes, crumbled  
½- ¾ cup peanut butter  
2 tbsps honey

¾ cup pistachios (or other nuts)  
Dash of cinnamon  
1 cup chocolate chips, melted

Mix ingredients except chocolate and spoon into mini muffin tin (silicone preferred, if using metal, spray with cooking oil).

Pour melted chocolate over rice cake mixture.

Place in freezer. After one hour, you can transfer from muffin tins to storage container, freeze until ready to serve.

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## GFWC FL President's Project



### ***Fired Up for Firefighters***

As we step into the 2026–2028 administration under our guiding theme, “Leading with Heart. Serving with Purpose,” GFWC Florida President Terry Reese is proud to announce her President’s Project. Over the next two years, our federation will rally together to support students at the Florida State Fire College in Ocala.

Firefighters stand ready to run toward danger on someone’s hardest day. Yet their intensive 6-month certification program can cost between \$10,000 and \$13,000, a heavy financial burden that leaves many students juggling exhausting work schedules or taking on significant debt. Through this President’s Project, we aim to remove those financial barriers by funding student scholarships and providing essential safety equipment, including bunker gear.

Watch for fundraising opportunities to get you **“fired up for firefighters!”**

## GFWC FL Director's Project



As part of the 2026–2028 administration, GFWC Florida Director of Junior Clubs Sherry Clendinen has chosen Royally Served as her Director’s Project, a statewide initiative inviting clubs to address food insecurity with compassion, dignity, and purpose.

Clubs across Florida are invited to join together in nourishing bodies, restoring dignity, and serving with love. Through food drives, meal packing events, community gardens, food pantry support, and hands-on service projects, clubs will work to make a meaningful difference in communities throughout the state.

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## Women's History & Resource Center

Did you know GFWC has an extensive archive documenting women's volunteer work and advocacy from 1890 to today? The Women's History & Resource Center in Washington, D.C., preserves photographs, club histories, artifacts, and publications.

Take a look! Visit the WHRC online through [GFWC.org](https://gfwc.org) and explore the stories, collections, and resources that connect us to the women who came before us.

**ACTION:** Share a favorite piece of GFWC history with a fellow club member!

## Leadership

### Leadership Starts With You

You don't need a title to be a leader! Newer members can lead by welcoming another member, volunteering to coordinate a small project, sharing a skill or idea, mentoring someone, or simply being the person who steps up when help is needed.

*"Leadership is an action,  
not a position."*

Look for one small opportunity to lead—you may inspire someone else to do the same!

## Legislation/Public Policy

Stay informed and make your voice heard through the **GFWC Legislative Action Center (LAC)**! Members receive timely Legislative Alerts with information and ready-to-send messages for contacting federal legislators about important issues.

Signing up is easy: **Visit [GFWC.org](https://gfwc.org) → Advocacy → Legislative Action** and register to receive alerts.

Share these important updates with family, friends, and your community!

## Juniors Special Program: Advocates for Children

### GFWC ADVOCATES FOR CHILDREN WEEK

October 25 - October 31, 2026

During Advocates for Children Week, consider reaching out to local child care centers to learn how your club can help families this holiday season. Collect toys or food, read to children, lead a holiday activity, help with beautification, or create internet safety kits for families.

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# What We're Collecting

This is a list of on-going collections for items that will be donated to various organizations in our area or used for club projects.

- **Pull-tabs** (soda & soup can tabs) - will be donated to Ronald McDonald House charities. (Health & Wellness)
- **Eyeglasses** - will be donated to the Lions Club. (Health & Wellness)
- **Bottle corks** (wine & champagne) — for recycling on our Etsy shop & craft projects. (Environment)
- **Travel-size toiletry products** - will be donated to Endeavour Elementary School and Trinity Lutheran School-Rockledge. (Health & Wellness)
- **Pantry Items** (non-perishable foods) - will be donated to Serene Harbor (Domestic Violence)
- **School supplies** - will be donated to Endeavour Elementary (Education & Libraries)
- **New (or gently used) children's sneakers** - will be donated to Endeavour Elementary (Education & Libraries)

More items will be added as projects are developed.

To donate, please [contact our club](#) or bring to our monthly meeting.

## Contact Us!

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gfwcspacecoast@gmail.com  
gfwcspacecoastwc.org



facebook.com/gfwc  
spacecoastwc

## Club Officers

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President: JoAnne Post  
1st VP: Suzanne Bennitt  
2nd VP: Diane Angus  
Treasurer: Susan Musil  
Recording Secretary:  
Laurie Watkins  
Corresponding Secretary:  
Tiny Butler

## Information

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This newsletter is published on the 1st of every month, September to May. All information is submitted by club members. For corrections, please contact our club.