



The Comet

February Membership Meeting

GFWC Space Coast Woman’s Club

February
Membership Meeting

February 4, 2026
10:00am-Noon
Viera E. Residents’ Clubhouse
1964 Golf Vista Blvd.

A Moment for Heart Disease Education and Prevention

Guest Speaker: Dr. Kevin R. Campbell, Cardiovascular Disease Specialist who will speak about women’s heart health.

Please wear RED to this meeting!

Join us on February 4 for a membership meeting that’s truly from the heart! In the spirit of Valentine’s Day and American Heart Month, we’re thrilled to welcome Dr. Kevin Campbell, a local cardiovascular disease specialist, who will share valuable insights on women’s heart health—an important topic for every woman to know and love.

We’ll also be honoring our 2025 Volunteer of the Year, celebrating a member whose dedication and service have made a lasting impact on our club and community.

To round out the morning, we’ll hear updates from our chairmen, highlighting the passion, projects, and progress that keep our club’s heart beating strong.

Come for the learning, stay for the love, and leave inspired—this is one meeting you won’t want to miss!

Calendar

02

FEBRUARY

2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 10:00 Membership Meeting	5	6	7
8	9	10	11 8:30 Walk & Talk Linear Trail	12	13	14
15	16 1:00 Book Club Nancy B's Home	17	18 1:00 Board Meeting	19	20	21
22	23	24	25	26	27 10:00 District 6 Meeting	28



GFWC Space Coast Woman’s Club

2025 COMMUNITY IMPACT

- 9269 Volunteer Hours
- 35 Projects
- \$2,361 in monetary donations
- \$22,903 of In-Kind donations

WOW!
Look
what we
did!



President's Message



President
Sarah Anthony
sarah.anthony614@gmail.com

Dear Members,

Happy Valentine's Day and Healthy Heart Month to our wonderful members! February is a time to celebrate love in all its forms — friendship, service, and the care we show one another and our community. As volunteers, you give so much of your time and heart, and your compassion truly makes a difference every day.

As the saying goes, "Volunteers don't just give their time — they give their hearts." Thank you for being the heart of our club and for all you do to lift others up. Wishing you a month filled with good health, gratitude, and plenty of reasons to smile.

In Federated Spirit,

Sarah

1st Vice-President's Message



1st Vice-President
JoAnne Post
jpost 314@aol.com

Reports have been submitted to the state! Amazing work for our club! Now we wait for the April convention to see how the state responds.

Everyone should have received the email with the link to report your 2026 hours. If not, here it is:

Submit Your Hours

Having just gone through report writing, I can't stress enough how important it is to log your hours! Don't forget: You can also submit hours for the "Items We're Collecting" projects listed at the back of the newsletter. See something missing? Let me know!

Happy Valentines Day to All!!!!

Fundraising



2nd Vice-President
Diane Angus
diane.angus1@gmail.com

Congratulations to all the winners and participants that entered artwork in the SCWC Art Show. It is wonderful to see so much talent within our organization.

At the February monthly membership meeting, the Board will be seeking the membership approval for a new fundraiser. Sally Kramer has put forth a request to raise funds to support completing the quilts that our club provides to the underprivileged. The goal is to raise \$250 by counting all of the doors in your home/garage and paying 10 cents for each door. This will be an individual participation that will cover the month of February if approved. Please be prepared to provide your approval.

Discussion at the next membership meeting will also revolve around our participation in the Founders Day and Heritage Isle Craft Shows for the 2026 year. The board is interested in finding a craft that we can all participate in and sell at the shows to compliment all of the wonderful crafts that are individually donated for sale. As a reminder, the two shows provided our club with just over \$500 to help each CSP with project funds through the year. I look forward to hearing all of your enlightening craft ideas and we will begin scheduling days for us to begin creating our favorite projects.

Have a great month

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How it works



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The brand gives back

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Your organization earns

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Jen H., earns for hockey

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To join our club's fundraising efforts, please use this link: <https://bit.ly/4eJOKSJ>

If you have any questions or need assistance, please contact us:

gfwcspacecoast@gmail.com

Be sure to use our club code: **SF65D7DEF8S4**



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Membership



Chairman
Sally Kramer
ckramer34@cfl.rr.com

Theresa Camacho and Linda Segur have completed all the requirements to become members of our club. They will receive their pins at the February meeting. I will orient Maxine Trainor as soon as she is feeling better. Our membership is now at 32.

I forgot to mention LUNCH BUNCH in January's Newsletter, so we didn't meet in January. For February we decided to encourage all our members to attend the District Arts and Crafts Show. I will remember to do Lunch Bunch in March. Watch for more information!

Education & Libraries CSP



Temporary Chairman
Sally Kramer
ckramer34@cfl.rr.com

Book Club

All club members are welcome to attend!

Date: Monday, February 16, 2026

Time: 1:00 PM

Location: Nancy Brown's Home (address in directory)

Book: If Nietzsche were a Narwhal: What Animal Intelligence reveals about Human Stupidity by Justin Gregg.

Any questions can be sent to Jackie Insalaco: jackinsalaco@gmail.com

GFWC Signature Program: Domestic & Sexual Violence Awareness & Prevention



Chairman
Taylor Malishenko
malishenkotp@gmail.com

March 2nd is Dr Seuss's (Theodor Seuss Geisel) Birthday. He published his first book in 1937 going on to publish over 60 books. Sally Kramer is coordinating the donation of Dr. Seuss books for a children's party at Serene Harbor Shelter. We will deliver the books, cupcakes, juice boxes as a few decorations for a Dr Sueuss party on March 1st. that's a Sunday as children will be in school on March 2nd. The books we collect will be given to each child living at Serene Harbor.

Please bring your Dr Seuss book donations to our February 4th meeting, to our Book Club meeting on February 16th or to Sally's house. Address is in the directory.

February is Teen Violence Awareness month. There are several websites that provide support, one is www.loveisrespecct.org

If you or someone you know needs help, contact the **National Domestic Violence Hotline: Phone: 800.799.7233 Text: START to 88788 or visit <https://thehotline.org>**

To report human trafficking, please contact the **National Human Trafficking Hotline at 888.373.7888**

Health & Wellness CSP



Chairman
Linda Greenstein
lhgreenstein@gmail.com

In 1964, President Lyndon B. Johnson issued the first proclamation declaring February America Heart Month. This is the time to spotlight Heart Disease, by bringing awareness and sharing how to take steps to prevent this deadly disease. We need to know our risks, eat a healthy diet, be physical (move MORE!), watch our weight and check our blood pressure and cholesterol.

On February 1st, we will change our charity to the American Heart Association. Let's get "moving more" by parking further from the stores, walking up stairs instead of using elevators and increase your daily walk by one mile. Our goal is to reach 2,000 miles in February!

Wednesday, February 4th will be our Health and Wellness meeting. Our speaker will be Dr. Kevin R. Campbell, a cardiovascular disease specialist who received his medical degree from Wake Forest School of Medicine and has 30 years of experience. Dr. Campbell will talk to us about Women's Heart Health. Please wear **RED** to our meeting.

Our February Walk and Talk will be on Wednesday, February 11th at Brevard Linear Park. Meet us at the Main trailhead (on Murrell Road past the Brevard Zoo) at 8:30 am. Dress for the weather, wear sturdy shoes, bring some water and don't forget the sunscreen. Please let me know if you plan to participate. Hope to see you there!

What We're Collecting

This is a list of on-going collections for items that will be donated to various organizations in our area or used for club projects.

- **Pull-tabs** (soda & soup can tabs) - will be donated to Ronald McDonald House charities. (Health & Wellness)
- **Eyeglasses** - will be donated to the Lions Club. (Health & Wellness)
- **Bottle corks** (wine & champagne) — for recycling on our Etsy shop & craft projects. (Environment)
- **Travel-size toiletry products** - will be donated to Endeavour Elementary School and Trinity Lutheran School-Rockledge. (Health & Wellness)
- **Pantry Items** (non-perishable foods) - will be donated to Serene Harbor (Domestic Violence)
- **Cleaning Items** (including laundry supplies) - will be donated to Serene Harbor (Domestic Violence)
- **School supplies** - will be donated to Endeavour Elementary (Education & Libraries)

More items will be added as projects are developed. To donate, please contact our club or bring to our monthly meeting.

Contact Us!

321-446-8941
gfwcspacecoast@gmail.com
gfwcspacecoastwc.org



facebook.com/gfwc
spacecoastwc

Club Officers

President: Sarah Anthony
1st VP: JoAnne Post
2nd VP: Diane Angus
Treasurer: Susan Musil
Recording Secretary:
Laurie Watkins
Corresponding Secretary:
Tiny Butler

Information

This newsletter is published on the 1st of every month, September to May. All information is submitted by club members. For corrections, please contact our club.